

The ELEPHANT

EST. 1934

GLUTEN FREE MENU

BAR SNACKS & STARTERS

MARINATED OLIVES (ve) 5.25
Garlic, chilli & herb

CARAMELISED ONION HUMMUS & PITTA (ve) 7.00
Chickpeas, confit garlic, grilled gluten free bread

PERI PERI HALLOUMI FRIES (v) 7.75
Deep fried halloumi, peri peri marinade,
pico de gallo, garlic yoghurt

THE ELEPHANT PRAWN COCKTAIL 8.25
Marie Rose sauce, gluten free bread, butter

DIABLO CHICKEN WINGS 8.00
Hot sauce, soured cream, sweet pineapple salsa

**VEGAN MAPLE BARBEQUE
SWEETCORN RIBS** (ve) 7.25
Cucumber sesame salad, mango, coconut raita

MAINS & GRILL

**CAULIFLOWER & SWEET POTATO
MASSAMAN CURRY** (ve) 15.00
Cucumber & sesame salad, coconut rice, roasted
cashew nut, gluten free bread

BARBEQUE RACK OF RIBS 20.00
Filthy fries with aioli & bacon, buttered
corn on the cob

SALMON PANANG CURRY 17.50
Sweet potato, braised pak choi, peanut,
lemon rice, gluten free bread

100Z SIRLOIN STEAK 23.95
Grilled tomato & mushroom, hand-cut chips

LUNCH SANDWICHES

Available Mon to Sat, 12pm-5pm

PRAWN & MARIE ROSE 8.75
Smashed avocado, baby gem lettuce

GRILLED CHICKEN & PARMESAN 8.00
Smoky tomato jam

SIDES

CHIPS / FRIES (ve) 4.50
FILTHY FRIES WITH AIOLI & BACON 5.50
SALT 'N' PEPPER FRIES (ve) 5.50
POSH CHIPS, PARMESAN & TRUFFLE OIL (v) 5.50
BUTTERED CORN ON THE COB (v) 4.50
HOUSE SALAD (v) 5.00
BUTTERY MASH (v) 4.50



BURGERS & SANDWICHES

FRENCH DIP STEAK SANDWICH 15.75
Steak in garlic & herb butter, gluten free bread,
caramelised onions, Swiss cheese, mustard mayo,
watercress, fries

GRILLED CHICKEN BURGER 14.25
Gluten free bun, American cheese, big mac sauce,
pickles, shredded lettuce, slaw, fries

SWEET CHILLI HALLOUMI BURGER (v) 15.00
Gluten free bun, mushroom, sweet chilli mayo,
pickles, shredded lettuce, slaw, fries

Add: Streaky bacon +2.50 | Fried halloumi (v) +3.50
Avocado (ve) +2.50

Upgrade: Filthy fries +1.50 | Posh chips (v) +1.50
Salt 'n' pepper fries (ve) +1.50

SALADS

CHICKEN CAESAR SALAD 14.50
Parmesan, bacon, anchovies, baby gem,
Caesar dressing

VEGAN BUDDHA BOWL (ve) 12.50
Apricot & almond tabouleh, cucumber & sesame
salad, hummus, sour cherries, avocado, grilled greens,
sweetcorn & chickpea fritters, gluten free bread

Add: Fried halloumi (v) + 3.50 |
Grilled chicken breast +3.50

SUNDAY ROAST

BRITISH ROAST BEEF 14.50
ROAST CHICKEN 15.00

Served with home-made gravy, glazed carrots, roast
potatoes, spring greens, carrot & swede crush,
parsnip purée

DESSERTS

ICE-CREAM & SORBET
2 Scoop 4.00 | 3 Scoop 5.75

ICE-CREAM: Vanilla | Chocolate | Strawberry
Raspberry Ripple | Clotted Cream | Toffee-fudge
SORBET: Lemon | Raspberry | Mango

CHOCOLATE BROWNIE 7.00
Vanilla ice cream