

The ELEPHANT

EST. 1934

GLUTEN FREE MENU

Please notify your server of any allergies when placing your order

BAR SNACKS & STARTERS

NOCELLARA OLIVES (ve) 5.00

HUMMUS & TOASTED BREAD (ve) 6.75

Tahini dip, harissa, chickpeas, sesame seeds, coriander, pomegranate

ROAST PLUM TOMATO SOUP (v) 6.25

Pesto, gluten free bread, whipped butter
**(ve) upon request*

HALLOUMI FRIES (v) 7.25

Buffalo hot sauce, mint & lime yoghurt, pomegranate

THE ELEPHANT PRAWN COCKTAIL 7.75

Marie Rose sauce, gluten free bread, butter

CHICKEN LIVER PATÉ 7.25

Red onion marmalade, gluten free bread

ROASTED SWEET POTATO & CHICKPEA FALAFAL (ve) 6.75

Sesame seeds, soy, tahini dip, ribbon mango, coriander & mint salad

MAINS, SALADS & GRILL

HONEY & MUSTARD GLAZED BACON CHOP 15.25

Fried hen's egg, watercress, fries

CHICKEN PANANG CURRY 14.50

Marinated chicken, spicy peanut, sweet potato, coriander & lemon rice, Thai basil, gluten free bread

PESTO GLAZED SEA BASS 16.00

Winter greens, parmentier potatoes, crème fraiche & chive sauce

100Z SIRLOIN STEAK 22.95

Grilled tomato & mushroom, hand-cut chips

CHICKEN CAESAR SALAD 13.00

Parmesan, bacon, anchovies, baby gem, Caesar dressing

VEGAN BUDDHA BOWL (ve) 10.75

Spiced butternut squash, herby red quinoa, hummus, garlic roasted chickpeas, avocado, falafel, salt 'n' pepper sesame broccoli, gluten free bread

Add: Grilled halloumi (v) or grilled chicken breast +3.00

LUNCH SANDWICHES

Served Mon to Sat, 12pm-5pm

PRAWN & MARIE ROSE 8.00

Smashed avocado, baby gem lettuce

CHICKEN CAESAR 7.00

Bacon, parmesan, anchovies

BURGERS & SANDWICHES

FRENCH DIP STEAK SANDWICH 14.50

Steak in garlic & herb butter, caramelised onions, Swiss cheese, mustard mayo, watercress, fries, gravy

GRILLED CHICKEN BURGER 13.00

Garlic & lemon chicken, hot sauce mayo, pickles, butter leaf, tomato, smashed avocado, slaw, fries

GRILLED HALLOUMI BURGER (v) 13.50

Roasted mushroom, sweetcorn salsa, smoky barbecue mayo, pickles, butter leaf, slaw, fries

JALAPEÑO & RED ONION BHAJI BURGER (ve) 13.50

Vegan bun, mint, coconut rieta, mango chutney, butter leaf, fries

Add: Streaky bacon +2 | Grilled halloumi (v) +3

Upgrade: Filthy fries +1.50 | Posh chips (v) +1.50

Salt 'n' pepper fries (ve) +1.50

SIDES

CHIPS / FRIES (ve) 4.25

FILTHY FRIES WITH AIOLI & BACON 5.00

SALT 'N' PEPPER FRIES (ve) 5.00

POSH CHIPS WITH PARMESAN & TRUFFLE OIL (v) 5.00

BUTTER LEAF & AVOCADO SALAD (ve) 5.00

HONEY ROASTED ROOTS (v) 5.00

GARLIC BUTTERED GREENS (v) 5.00

SUNDAY ROAST

BRITISH ROAST BEEF 13.75

ROAST CHICKEN 14.00

Served with roast potatoes, honey roasted carrot, seasonal greens, roasted root crush, braised red cabbage, home-made gravy

DESSERTS

CHOCOLATE BROWNIE 5.95

Vanilla ice cream

ICE-CREAM & SORBET

2 Scoop 3.75 | 3 Scoop 5.50

ICE CREAM

Vanilla | Chocolate | Strawberry | Toffee-Fudge
Banana | Clotted-Cream | Salted Caramel

SORBET

Lemon | Mango | Raspberry

