

The ELEPHANT

EST. 1934

GLUTEN FREE MENU

STARTERS

SOUP OF THE DAY 6.00 (v)

Gluten free bread, butter

HALLOUMI FRIES 6.95 (v)

Harissa, mint, aioli, pomegranate seeds

THE ELEPHANT PRAWN COCKTAIL 7.50

Marie Rose sauce, gluten free bread, butter

CHICKEN LIVER PATÉ 6.95

Toasted gluten free bread, red onion chutney

HUMMUS & GLUTEN FREE BREAD 6.50 (ve)

Basil pesto, tahini, garlic roasted chickpeas, coriander

WATERMELON & FETA SALAD 6.75 (v)

Baby gem, roast butternut squash, mint, watermelon, peas, asparagus, lime dressing, candied pecans

MAINS & GRILL

BARBEQUE GLAZED BACON CHOP 14.25

Grilled pineapple, fried eggs, chips

SWEET POTATO & CHICKPEA

MALAYSIAN CURRY 13.25 (ve)

Spinach, roasted peanuts, tenderstem broccoli, peas, coriander rice, gluten free bread

CHICKEN PANANG CURRY 13.25

Marinated chicken, spicy peanut, sweet potato, basmati rice, Thai basil

PAN FRIED SEABASS 14.95

Fricassee of asparagus, peas, pearl onions, spinach, parmentier potatoes, creme fraiche sauce

10OZ SIRLOIN STEAK 20.95

Grilled tomato & mushroom, hand-cut chips

THE SUNDAY ROAST

A Great British tradition. Our roasts are served every Sunday, 12pm to 8pm. Make sure to reserve a table with your server now to avoid disappointment...

BRITISH ROAST BEEF 13.50

home-made gravy, braised red cabbage, roasted root crush, roast potatoes, honey roasted carrot & spring greens

ROAST PORK BELLY 13.75

home-made gravy, braised red cabbage, roasted root crush, roast potatoes, honey roasted carrot & spring greens

ROAST CHICKEN 13.75

home-made gravy, braised red cabbage, roasted root crush, roast potatoes, honey roasted carrot & spring greens

SALADS

CHICKEN CAESAR SALAD 12.50

Parmesan, bacon, anchovies, baby gem, Caesar dressing

ROAST SALMON SALAD 14.50

Butternut squash, baby gem, peas, watermelon, beetroot, radish, candied pecans, feta cheese, new potatoes, mint & lime dressing

VEGAN BUDDHA BOWL 10.75 (ve)

Spiced butternut squash, herby red quinoa, hummus, garlic roasted chickpeas, avocado, falafel, salt 'n' pepper sesame broccoli, toasted bread

BURGERS & SANDWICHES

STEAK SANDWICH 13.50

Steak in garlic & herb butter, caramelised onions, Swiss cheese, truffled mayo, parmesan fries

SALT 'N' PEPPER GRILLED

CHICKEN BURGER 13.00

Gluten free bun, sesame seeds, pickled chilli, coriander, aioli, gherkins, slaw, fries

GRILLED HALLOUMI & MUSHROOM BURGER (v) 13.00

Gluten free bun, sweet chilli mayo, roasted mushroom, sweetcorn relish, salad, gherkins, slaw, fries

Add: Streaky bacon +2.00

Upgrade: Filthy fries / Posh chips (v)

Salt 'n' pepper fries (ve) +1.50

DAYTIME SANDWICHES

Served Mon-Sat 12-5pm

PRAWN & MARIE ROSE SANDWICH 7.75

Smashed avocado, baby gem lettuce

CHICKEN & BACON CLUB SANDWICH 6.95

Smashed avocado, fried egg, chilli jam

Add: Mug of soup +3.00

SIDES

CHIPS / FRIES 4.00 (ve)

FILTHY FRIES WITH AIOLI & BACON 4.95

POSH CHIPS WITH PARMESAN

& TRUFFLE OIL 4.95 (v)

SALT 'N' PEPPER FRIES 4.95 (ve)

GREEK SIDE SALAD 4.50 (v)

HONEY ROASTED CARROTS 4.50 (v)

SALT 'N' PEPPER

TENDERSTEM BROCCOLI 5.00 (ve)

BUTTERY MASH 4.50 (ve)

DESSERTS

CHOCOLATE BROWNIE 6.25 Vanilla ice-cream

ICE CREAM & SORBET - 2 SCOOP 3.50 / 3 SCOOP 5.25

ICE CREAM - Vanilla, chocolate, strawberry, toffee-fudge,

clotted-cream, banana, salted caramel

SORBET - Lemon, mango, raspberry